

A Brief Analysis of the Integration and Influence of Basketball Culture in Basketball Teaching in Higher Vocational Colleges

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Abstract: In the society where the current economic, political and cultural development is rapid, its education field pays special attention to cultivating students' development in sports. Through the development of students in sports, not only can students be continually enhanced in physical fitness, but they can also use their sports to promote students' quality growth. As a sports project that is popular among college students, basketball not only promotes students' physical and mental health, but also establishes their corresponding basketball culture to promote growth and development.

1. Introduction

In the process of college students' growth, cultivating one of the sports and forming their own sports habits can effectively promote the growth of students' physical quality and ideological concepts. As a sports activity that is popular among college students today, basketball needs to be integrated with its basketball culture if it is to enable college students to define this sports activity as a lifelong sports habit. By combining the teaching of basketball with the culture of basketball, we can maximize the progress of college students in basketball technology and the continuous updating of basketball thinking.

2. The Meaning and Value of Basketball Teaching and Culture

If college students need to establish basketball sports as a lifelong sports habit, they need to understand and recognize the relevant meaning of basketball. Through college students' understanding and cognition of their basketball content, they can not only promote college students to form lifelong sports habits, but also have a great promotion effect on college students' physical quality and ideas. Therefore, college students need to learn basketball efficiently, and integrate basketball culture into basketball teaching. Students need to continuously understand their knowledge related to basketball through students. The first is basketball teaching. Basketball teaching is the corresponding basketball technology teaching in the process of playing basketball. College students can learn the relevant knowledge and skills of playing basketball through basketball teaching. Secondly, basketball culture, basketball culture and other cultures have the same Nature is a static thing. Basketball culture includes everything about basketball. What is especially remarkable is that basketball thinking, basketball skill knowledge and basketball system belong to basketball culture. And its basketball teaching has a great promotion effect on students' physical literacy. Through professional basketball teaching, college students can be promoted to improve their quality in basketball practice technology, thus promoting college students to maintain the sports program. The physical quality of college students can also be continuously enhanced; basketball culture can effectively promote college students to form lifelong sports habits, and integrate basketball programs with personal ideological spirit, which can fully promote the growth and development of college students.

3. How to Integrate Basketball Culture into Basketball Teaching

(1) Renewing the concept and attaching importance to the basketball culture in basketball teaching

In the process of integrating basketball culture into basketball teaching, basketball teachers need to pay particular attention to the update of their basketball ideas and concepts. Since the basketball program is a relatively flexible sports program, if the relevant basketball teachers need to integrate their basketball culture efficiently in basketball teaching, they need to constantly update themselves and the college students' ideas and concepts, and constantly update them. Its basketball teaching and basketball culture further promote college students to accept their basketball culture while accepting basketball teaching, and effectively form college students' basketball thought through their basketball culture. For example, in the passing teaching of basketball teaching, it can fully integrate its basketball culture to carry out related teaching of passing skills. In the basketball culture, it pays great attention to the cooperation between players. Its efficient and harmonious cooperation can effectively improve the communication. The quality of the ball; therefore, the high-quality cooperation in the basketball culture can promote further in-depth understanding of the pass in the course of the pass, thus effectively improving the cooperation efficiency between the players, but also can get high-quality basketball learning. To promote the growth and development of college students.

(2) Innovative basketball teaching according to the changes of the times

Basketball teachers need to integrate their basketball culture efficiently in basketball teaching. They need to constantly understand the personality of college students in the life of college students, so as to carry out the corresponding basketball teaching design. Only basketball teaching that accords with the personality of college students can promote college students to form their basketball culture in basketball teaching and effectively improve basketball technology and high quality to enhance their college students' basketball quality. Then basketball teachers can carry out corresponding teaching design for students, and they can analyze them through the current changes of the times. According to the current situation of the economy and the rapid development of information technology, contemporary college students generally like to use electronic products to check related basketball. Video, basketball teachers can use this feature to make full use of information technology to carry out corresponding basketball teaching. Basketball teachers can combine their teaching with their information technology teaching to enable college students to effectively understand the integration of basketball teaching and basketball culture. The combination of teaching can not only effectively stimulate college students' interest in basketball culture cognition. It can also encourage its college students to continuously improve their basketball literacy during the process of learning basketball, and then promote the effective integration of basketball teaching into their basketball culture.

(3) Actively improve school basketball facilities

Basketball teachers and basketball staff should actively update the basketball equipment on campus and continuously update the school's basketball equipment. It is one of the necessary conditions for college students to learn basketball with high quality and fully update their school basketball. Teaching equipment can promote the efficient integration of basketball teaching into the basketball culture, thus enabling college students to achieve qualitative improvement in basketball thinking and concepts. So what is the real value of the basketball staff who update the basketball facilities on their campus? First of all, in the psychology and thinking of college students, improving the quality of basketball facilities can encourage college students to fully enhance their basketball culture to carry out corresponding efficient basketball learning; secondly, the quality of college students in the process of receiving basketball teaching, the relevant basketball staff will The school's basketball facilities are constantly updated to enable students to receive high-quality teaching in the process of learning and to enable high-quality training for college students, which can effectively promote college students to integrate basketball culture into basketball learning; It is in the basketball communication and communication between basketball teachers and college students. Its perfect and perfect teaching facilities can promote the communication between basketball teachers and college students. Through the communication between college students and teachers, students can be encouraged to accept the basketball culture of basketball teachers under the imperceptible And then effectively promote college students to form their basketball ideas.

(4) Enhancing the literacy and ability of basketball workers

Effectively integrating basketball culture into basketball teaching and fully improving the quality and ability of basketball players is a key point that cannot be ignored. Because basketball workers have a direct connection with college students' basketball teaching, basketball players' corresponding ability literacy will have a great impact on college students in the process of learning basketball. First of all, from the perspective of basketball educators, basketball educators are teaching college students to learn basketball basketball teachers. Basketball teachers need to constantly strengthen and improve their own abilities, only high-quality basketball teachers with ability and quality. In order to further teach college students' basketball skills, they can promote college students to get efficient basketball learning in the process of receiving basketball teaching. High-quality, capable and literate basketball teachers can promote the full integration of basketball culture in basketball teaching and effectively improve the quality of college students in basketball. Secondly, it is necessary to carry out continuous training in the development of basketball rules and regulations, as well as to ensure the safety of basketball. Fully improving the quality of their work and personal accomplishment can promote the efficient learning and development of college students in the process of learning basketball.

4. The Impact of Basketball Teaching into the Basketball Culture

(1) Fully enhance students' awareness of basketball sports

Fully integrating basketball culture into basketball teaching can effectively enhance college students' awareness of basketball sports. In the process of basketball learning, the corresponding basketball culture can be used to effectively promote college students' recognition of basketball learning in the process of basketball learning. Knowledge and interest. Therefore, incorporating basketball culture into basketball teaching can fully enhance college students' basketball sports awareness and promote their high-quality development in basketball growth. For example, when students who do not have any basketball culture and thoughts learn basketball knowledge, they will learn basketball with a mechanical mind and consciousness. The mechanical basketball basketball method will inevitably lead students to form a tired mentality in the process of learning basketball. However, in the basketball teaching, fully integrated into the basketball culture can effectively enhance the basketball awareness of college students, form motivation and enthusiasm to learn basketball, and thus effectively enhance the efficiency of college students in learning basketball and improve the sports literacy of college students. This has greatly promoted and promoted the growth of college students' sports.

(2) Enhancing the physical fitness of students

The integration of basketball culture in basketball teaching can promote college students to form a good basketball awareness, which effectively enhances college students' interest in basketball and effectively improves the enthusiasm of basketball learning. College students have a strong interest in basketball learning, and will fully focus their energy on basketball learning, which not only can promote college students' basketball learning ability, but also have the same influence on college students' physical literacy. College students who put their energy into basketball learning will encourage college students to learn basketball and strengthen their training in basketball with an optimistic and positive attitude. College students consciously strengthen the training of basketball, which can effectively promote the physical literacy of college students. In the basketball sports, there are many links that require players to bounce and run fast. Through such actions, the body of the college students can be effectively exercised. To promote the physical and mental health of college students. So what is the psychological health of college students? Through the corresponding basketball training, college students can form a positive and optimistic attitude in the face of their difficulties, so that college students can form their good mentality in learning other knowledge, and then improve their learning efficiency.

(3) The stereotyped effect of basketball culture on students' sports habits

According to relevant surveys, if basketball culture is not integrated into basketball teaching, college students are only able to form long-term basketball thoughts when they accept basketball teaching. However, they can fully integrate their basketball culture into basketball teaching. Promote college students to form their long-term awareness of basketball, and to define their basketball learning and development as lifelong education. Then college students will define basketball learning as a lifelong sports habit, which can effectively promote college students to improve their basketball skills. College students can promote their development through basketball learning. Basketball culture encourages college students to form a lifelong basketball sports awareness, in addition to promoting the personal development of college students, but also has a great influence on the physical literacy and psychological aspects of college students. The formation of basketball culture in basketball teaching can improve the physical quality of college students, enhance the physical health of college students and strengthen their basketball training through various aspects of the body. On the psychological side, they will continue to cultivate their positive optimism and strong. The mentality can effectively promote the high-quality effect of college students in learning work and new things in life, and promote the improvement of ability.

5. Conclusion

In summary, it can be seen that the integration of basketball culture into the teaching of basketball requires constant exploration and discovery by basketball-related staff. And the integration of basketball culture in basketball teaching has a significant impact on all aspects of college students. Therefore, incorporating basketball culture into basketball teaching needs to pay attention to the education of basketball culture in basketball teaching and carry out corresponding teaching design with the changes of the times, actively update the basketball facilities in the campus to promote the formation of basketball culture for college students, and then carry out high efficiency. Basketball learning; at the same time, the quality and ability of all aspects of basketball staff also need to be continuously improved and enhanced. Incorporating its basketball culture into basketball teaching can not only promote college students to enhance the awareness of basketball sports, but also promote students' physical and mental health to form a lifelong sports habit.

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